

Fiji Packing Checklist for Couples

A Fiji getaway for two is all about slowing down, soaking up the sunshine, and enjoying island time together. This packing checklist highlights the essentials couples typically need for a relaxed tropical escape — from beachwear and reef days to sunset dinners and island adventures.

Use it as a simple guide while preparing for your trip, ticking off items as you go so you can pack with ease and focus on the best part of all: arriving in Fiji ready to unwind.



Clothing

- Lightweight, breathable clothing: shorts, t-shirts, dresses
- Swimwear (2-3 sets)
- Rash tops / swim shirts (optional but recommended for snorkeling)
- Sarong or modest clothing for village visits
- Light cardigan / jacket for evenings
- Casual evening wear / smart-casual outfits for dinner
- At least one hat and polarised sunglasses

Footwear

- Flip-flops / thongs
- Reef shoes
- Comfortable sandals or casual shoes
- Sneakers or walking shoes appropriate for long walks

Toiletries & Health

- High SPF sunscreen & lip balm
- Insect repellent
- Aloe vera / moisturizer
- Medications / personal health items

Gear & Electronics

- Snorkel gear (optional)
- Waterproof bag / dry bag
- Reusable water bottle
- Power board & adapter (Type I plug)
- Camera / phone chargers

Important Extras

- Cash (FJD) for small vendors or excursions
- Rain gear if travelling during Nov-Apr
- Travel documents (passport, tickets, insurance)
- Reading material, books, or personal items for downtime